



**DR.SSA  
SHAWN MARIE HIGGINS**

## QUALIFICHE

Osteopathic Physician  
Neuromusculoskeletal Medicine Physician  
Board of Directors - Osteopathic Cranial Academy  
Faculty lecturer and table trainer - Osteopathic Cranial Academy  
Course Creator and Director - "Matter in the Atom: The Anatomy and Physics of Sound Healing" ©All rights reserved  
Course creator and Director - "The Harmony Within: The Unison, The Octave and the Fifth" ©All rights reserved  
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American Board of Neuromusculoskeletal Medicine

## INFO E COSTI

Il corso ha una durata di 4 giorni.  
Ogni giorno il corso andrà dalle 9.00 - 14.00.

Il costo include gli strumenti che verranno utilizzati e lasciati in dotazione a ciascuno studente

## QUANDO

**9 - 12 Novembre 2023**

## DOVE

ICOM COLLEGE

Via Matteotti 62, Cinisello Balsamo

## PREZZO

**Corso + Strumenti: 590,00 Euro**

## CONTATTI

### E-mail

segreteria@icommedicine.com

### Telefono

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Via Matteotti 62, Cinisello Balsamo, MI

# MATTER IN THE ATOM:

## THE ANATOMY AND PHYSICS OF SOUND HEALING

LINGUA



### GIORNO 1

- Introduction: Cell Consciousness and The Field
- Matter in the Atom – The Quantum Nature of Osteopathy
- EXPERIENTIAL: Sound Immersion - Listen to musical tones and intervals using tuning forks follow
- What is Sound? Sound waves and Wave Forms
- AB: Palpating wave forms in the body - CSF, CRI, PRM
- How the Body Detects Sound - Pathway of a Sound Wave – Parts 1 & 2
- Ear and Vestibular System
- EXPERIENTIAL: How to use the tuning forks
- Tuning Forks, Intro to Weighted and Unweighted

### GIORNO 2

- Musical Scales – the power of organized sound (The Solar Harmonic Musical Scale as example)
- EXPERIENTIAL: Sound Immersion – and group discussion of how this experience differs from the sound immersion you experienced before you knew the organization and structure of what you were listening to on day one.
- How the Body Detects Sound/vibration – Entrainment, Sympathetic Resonance, Nitric Oxide
- EXPERIENTIAL: Practice using the tuning forks - Weighted and Unweighted
- Demonstrations and specific techniques shown for each type of fork and modality
- How the Body Detects Sound/vibration – Water and CSF
- The sacred nature of water; sacred geometry and the music/rhythm of water
- CSF – The carrier of light and vibration
- LAB: Palpating the sonic dynamics of cranial rhythm

### GIORNO 3

- LAB SESSIONS: Weighted Tuning fork points and concepts :Sensing Bone, Tissue, Fluid & Tuning Fork Points on the Cranium
- Working with Sound and CSFLab: Diagnosis of the sonic rhythms of the CNS – using CRI, PRM, the Tide
- Octaves, Intervals and Overtones Pythagorean Musical Scales - The vibrational structure of the universe
- EXPERIENTIAL: Experience the Intervals - Sound Immersion

### GIORNO 4

- Sound Creates Shape
- The Mathematics of Life: The Fibonacci Frequencies
- EXPERIENTIAL: Sound Immersion: Experience the Fibonacci Frequencies
- LAB: Intro to Interval Healing™: Creating the Unison, the Octave and the Fifth™ Lab: Treating the sonic rhythms of the CNS – using CRI, PRM, the Tide